



A Family Support Group for Parents/Caregivers of Children with ADHD

Share what's working well in your family and get suggestions for managing the challenges.

2016 Fall Meeting Schedule

DATES	TOPICS
Sept 21	ADHD Basics and Updates
Oct 12	Strategies for School Success ADHD Awareness Month - Advocacy Tips
Nov 9	Social Skills Making and Keeping Good Relationships
Nov 23	Parenting Teens with ADHD <i>Guest Speaker: Tony Antidormi, Families' and Children's Counselor at Pathstone Mental Health</i>
Dec 7	Celebrating your ADHD Family Tips for Happier Holidays

Free – No Registration Needed



Call 905-641-1021 for Child Care Availability

Meetings at: St. Catharines Regional Child Care Centre

179 Carlton St., St. Catharines (Next to St. Denis School)

Wednesday evenings, 7 – 8:30 pm

For other support, resources and information:



LDAN • Learning Disabilities
Association of Niagara Region

The right to learn, the power to achieve

905-641-1021
www.LDANiagara.org
programsLDAN@cogeco.net

Niagara Region

www.niagararegion.ca Search ADHD
Parent Talk Line: ext. 7555 at 905-688-8248 or
1-888-505-6075

This project is supported by:

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